



School District 19
(Revelstoke)

Revelstoke Board of Education

Policy Manual

5.5 Nutrition in Schools

The Revelstoke Board of Education believes that it has a shared responsibility with parents/guardians and the community to ensure that students develop healthy lifestyles that include a focus on healthy nutrition as set out in “Canada’s Food Guide” <https://food-guide.canada.ca/en/>

Food and beverage products sold in all school locations and events will meet the “Guidelines for Food and Beverage Sales in BC Schools” https://www2.gov.bc.ca/assets/gov/education/administration/kindergarten-to-grade-12/healthyschools/2015_food_guidelines.pdf.

Guidelines:

1. Principals will review food services for students annually with the school’s Parent Advisory Council.
2. School practice governing the sale of food products in schools or during school-sponsored events will be based upon the most up-to-date guidelines available. Schools may only sell food and beverages from the “sell most” and “sell sometimes” list as detailed in the Ministry of Education and Ministry of Health “Guidelines for Food and Beverage Sales in BC Schools” document.